



AUSTIN COMMUNITY COLLEGE DISTRICT

CONTINUING EDUCATION

COURSE SYLLABUS/OUTLINE DEVELOPMENT FORM

1. **Name of Course:** Training the Speaking Voice *(as led by Linda Nenno)*

2. **Number of Clock Hours:** 18 hours

3. **Course Description:**

This class is intended for anyone desiring to increase the power and impact of his or her speaking voice. Training in healthy vocal production is an essential part of speaking intentionally in any situation, from the stage or screen to the classroom or boardroom. In this course, you'll learn a variety of techniques for preparing and utilizing your natural voice to speak confidently in a variety of environments. The first few classes will focus on active exercises designed to healthily engage the various aspects of vocal production, while the final sessions will practically apply what you've learned to scenes, speeches, interpersonal communication, or presentations. Limited to 12 students.

4. **Course Objectives:**

The student will be guided to create a personal physical and vocal warm up. The anatomy of breathing and healthy vocal habits will culminate in finding a resonant voice with excellent articulation.

5. **Rationale: State the reason for offering the course:**

To expand the school's curriculum to the South Austin Campus.

6. **Required Materials**

All materials will be provided by the instructor

7. Course Outline: What topics and sub-topics will be covered in this course?

Relaxation, breathing, grounding and alignment.
How to produce a resonant and supported sound.
Exploration of a contemporary monologue and a Shakespeare sonnet.

WEEK 1: Grounding, Alignment and Breathing
Anatomy of the Voice
Sounding and Exploring Vowels
Homework: Choose a Piece of Text

WEEK 2: Feldenkrais Approach to Acting
Deepening the Breathing
Work with Chosen Text
Homework: Memorize Text

WEEK 3: Kristin Linklater Work Applied to Text
Finding Resonance with Articulators
Presentations of Text
Homework: Choose a Short Poem

WEEK 4: Rhythm and Movement
Laban Actions
Work with Poetry
Homework: Memorize the Poem

WEEK 5: Improvisation and Cold Readings
Preparing for Final Presentations
Homework: Final Presentations

WEEK 6: FINAL PROJECTS AND PRESENTATIONS